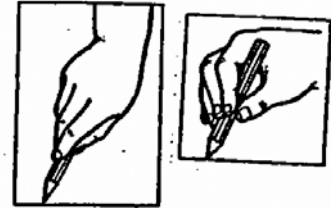




These activities are typical of a child who is 3 years old.

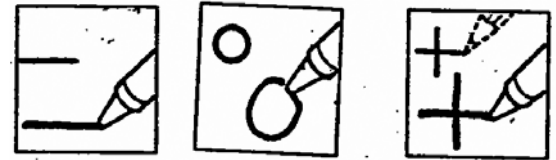
✓ **Pencil Skills**

- ✓ Grasps crayon between thumb and fingers
- ✓ Crayon begins to rest between thumb and index finger
- ✓ Copies horizontal line and circle
- ✓ Imitates cross
- ✓ Colours simple shapes



✓ **Fine Motor Skills**

- ✓ Cuts along a straight line
- ✓ Picks up a bead and moves it into the palm of the same hand
- ✓ Holds two objects in palm of hand and is able to release one



✓ **Visual Motor Skills**

- ✓ Matches pattern of 3-4 blocks
- ✓ Sorts according to colour
- ✓ Begins to identify same/different
- ✓ Identifies 10 body parts



✓ **Feeding Skills**

- ✓ Uses fork with little spillage
- ✓ Pours from a small cup



✓ **Dressing Skills**

- ✓ Pulls up a zipper
- ✓ Manages large buttons
- ✓ Removes elastic waist pants independently
- ✓ Puts on front opening shirt independently

WATCH FOR THESE WARNING SIGNS

- | | |
|---|----------------------------------|
| ▪ Tires or gives up easily | ▪ Does not reach across own body |
| ▪ Explores objects with mouth | ▪ Avoids colouring or crafts |
| ▪ Resists messy play (glue, finger-paint) | ▪ Clumsy with small objects |

** If you have concerns about your child, an occupational therapist (OT) can assess his/her development in these areas. The OT will provide suggestions and/ or treatment to promote you child's development of these skills.